# **Positions Vacant: Group Fitness Instructors**

Community Aquatics (CA) is currently looking for energetic Instructors to work within all our Macksville facility.

# **Group Fitness Instructor**

# Type of Position

Casual OR Part-time

# Rate of Pay

As per experience, or according to the Fitness Industry Award

# Position Objective

Our Macksville Team are on the hunt for Instructors to deliver traditional Group Fitness and Functional Fitness classes at the Macksville Memorial Aquatic & Fitness Centre, Macksville.

While group fitness will be your focus, should you express an interest in additional workplace hours, then assistance with memberships, member inductions, enquiries and the maintenance of the cleanliness and presentation of our facilities can also be added to your day-to-day responsibilities.

### **About You**

Backed with experience, you will be member focused, with a passion for health and fitness. You will easily build rapport with members and love to help them achieve their goals. One of your biggest strengths will be the ability to provide a safe offerings or individual member needs.

Your enthusiasm and energy will encourage and motivate members to stay on track for their wellbeing and fitness goals and provide a safe environment for our members to feel comfortable.

### Some of the Classes on Offer

Your role as a Group Fitness Instructor will require you to lead participants through engaging, safe and stimulating group fitness classes while maintaining the guidelines of the specific class type.

Your ability to coach, engage and motivate participants will be highly valuable. Our typical range of classes incudes the below, and although you may not be required to instruct all classes, from time to time you may be needed to assist other Instructors with class covers.

- Aqua
- Spin
- Functional fitness (hi & low intensity)
- Hitt
- Step
- Yoga
- Piltaes / REformer
- Pump / Barbell
- Boxercise
- Crossfit
- Small Group: Introduction and weight loss

Floor work to guide member training and general gym supervision also available – please indicate if you wish to assist as general floor supervisor in addition to GF classes.

# Qualifications & Experience

The following qualifications and experience are required for the position:

- Cert III in Fitness (minimum)
- Working with Children Check
- First Aid
- Awareness and ability to plan/ deliver Group Fitness Classes.

## How to Apply

- Send a short resume to <a href="mailto:accounts@communityaquatics.com.au">accounts@communityaquatics.com.au</a>
- Applications Close: Please enquire today