

	MON	TUES	WED	THURS	FRI	SAT
6am	BOOTCAMP Mel	HITT CIRCUIT Carragh	PILATES Tracy	BOOTCAMP Mel	VINYASA YOGA Tracy	
7am	BOOTCAMP Mel	REV & BURN 30 min Carragh	REFORMER PILATES Tracy	BOOTCAMP Mel	YIN YOGA Tracy	
8:15am						PILATES Tracy
9:30am	REV UP Therese	VINYASA YOGA Tracy	BALANCE & BALL PILATES Tracy	PILATES Tracy	VINYASA YOGA Tracy	REFORMER PILATES Tracy
10:30am	GENTLE EXERCISE Jasmine	GENTLE YOGA Angie	FUNCTIONAL FITNESS Jasmine	REFORMERS PILATES Tracy		
4pm		TEEN FIT Mel		TEEN X-FIT Mel		
4:15pm	PILATES Carragh			REFORMER PILATES Tracy		
5:15pm	BARBELL Carragh	HIIT Carragh	REV UP Carragh	BOX FIT Mel	BOOTCAMP Mel	
6pm	REV & BURN 30 Min Carragh	REFORMER PILATES Evie	VINYASA YOGA Tracy	PILATES Tracy		
6:30pm	REFORMER PILATES Evie					
7pm		REFORMER PILATES Evie	REFORMER PILATES Tracy			

MORE INFORMATION

Phone: 6568 1445

Email: macksville@communityaquatics.com.au

For all opening hours and prices at www.mmafc.com.au



Facebook: www.facebook.com/MacksvilleMMAFC/

Instagram: www.instagram.com/macksville.aquatic.fitness/



OUR NEW CRECHE IS NOW OPEN



Macksville Memorial Aquatic & Fitness Centre

POOL GROUP FITNESS CLASSES

as @ 7th July 2023

	MON	TUES	WED	THURS	FRI	SUN
9am		AQUA FITNESS			AQUA FITNESS Therese	
10am		AQUA FITNESS				
1pm	AQUA FITNESS Jasmine		AQUA FITNESS	AQUA FITNESS Jackie		
6.10pm		AQUA FITNESS				

Bookings are essential for all classes, and can done via our ACTIVE WORLD booking & membership system:
either web-based or via a phone app.

GETTING STARTED WITH ACTIVE WORLD

STEP 1 - Go to <https://communityaquatics.activeworld.com.au/> . Then following the below directions for either New Member or Existing Member.

New Members	Existing Members
1. Select "Sign-up" (under login option) 2. Find our facility by using; <ul style="list-style-type: none"> ▪ Facility code MACKSVILLE, or ▪ Postcode 2447 3. Enter all Personal & Contact Details	1. Use your email address and password, to login. <ul style="list-style-type: none"> ▪ If you have forgotten your password, please reset your password by following the prompts ("Forgot Password" option).

You now in the Community Aquatics Active World environment. You should be able to see and manage anything about your membership

STEP 2 - You will now see multiple icons on your Member portal screen. Just select the area that you wish to participate, purchase or join.

For example;

- 1) To buy a Pool or Gym membership, just select "Buy Membership" and follow the prompts.
- 2) To register for an Aqua or Group Fitness Class, select "Book Group Fitness" and follow the prompts.

STEP 3 - Once you have purchased your pass or membership via the website, download the Active World App by using this QR Code.



Login in using the email and password you made or used in Step 1.

Once on the app you will receive an electronic tag, that you simply scan upon your arrival at the facility to use your service or membership.